

From: International Volunteer HQ info@volunteerhq.org
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THE IVHQer

Hey there IVHQers!

Is the tinsel starting to pop up in your hometown? Yet again, Christmas has crept up on us and we only have nine more Mondays until the 'big day'. We already have hundreds of IVHQers volunteering with us over the Christmas period and there's still time to join them! Check out our volunteer opportunities in Central America or South America, where the holiday-oriented projects give you the chance to share in culturally-unique celebrations. Or maybe you just want to escape it all this Christmas season and travel with meaning. Either way, there's a volunteer program to fit in with your plans. Learn more about our [Christmas volunteering options here](#).



How Has Volunteering Abroad Impacted You?

Thanks to each of the IVHQers who answered our call-out and shared how volunteering abroad has impacted you. It was heartwarming to hear how your time abroad has shaped you and opened your mind to new ways of thinking. Here are a few highlights that came from the survey:

HOW

High Fives

- A special mention goes out to Joanne and John Gillette who volunteered in Zambia this year and were empowered to continue making a difference within the community they had been immersed in. The couple started [Zambezi Sunrise Trust](#) which is dedicated to providing ongoing support to projects through the provision of books, stationery, teaching materials, sports equipment, hygiene products and nutritional support.
- Big thanks to Jamie Perkins who volunteered with us in South Africa last month and raised over US\$15,000 to provide ongoing support to his placement, Sunrise Educare in Cape Town. A truly mammoth effort from him and his supporters!
- Shout out to IVHQers Christina Powell and Jessica Brazener who are joining the Medical project in Zambia and have raised funds to purchase 200 mosquito nets to donate to their placement.
- Welcome back to Patsy Inu Lene who's set to spend Christmas volunteering in Cambodia, with a program in Bali beforehand. These will be her 5th and 6th IVHQ programs, having already IVHQed in Vietnam, India, Uganda and Laos!

Video of the Month

Hit play to hear from other IVHQers and see what it's like to experience the culture of Italy, while supporting important community and environmental projects...



Instagram of the Month

IVHQer Whitney Wemett snapped this envy-inducing selfie while IVHQing in Madagascar
#dreamresult #canyoudobetterthanthat?





Remember to use #IVHQsnaps to be in to win a Registration Fee credit for your next IVHQ program! Just follow @IVHQ on Instagram and post a new photo tagged with #IVHQsnaps, then [ask your friends and family to vote here!](#)

That's us for another month!

Keep in touch,

The IVHQrew



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